



Weekly Prayer Cycle



Sunday	Glorious Mysteries - Resurrection and glory.
Monday	Joyful Mysteries - Incarnation and early life.
Tuesday	Sorrowful Mysteries - Passion and suffering.
Wednesday	Glorious Mysteries - Resurrection and glory.
Thursday	Luminous Mysteries - Public ministry.
Friday	Sorrowful Mysteries - Passion and suffering.
Saturday	Joyful Mysteries - Incarnation and early life.

Opening Prayer

O Lord Jesus Christ, order the days of this household in Thy mercy. Let each morning begin in Thy Name, each evening end in Thy peace, and each week turn again toward Thy Word, Thy Church, and Thy promised resurrection. Amen.

Daily Pattern

Morning	Make the sign of the cross, pray Morning Prayer or Matins, read the appointed Scripture or a Gospel lesson, and commend the day's work to God.
Noon	Pause for the Lord's Prayer, the Angelus, or a short Jesus Prayer, especially on workdays.
Evening	Pray Evening Prayer, Vespers, or Compline; give thanks; confess sin; and pray for household, neighbors, pastors, and the whole Church.

Seasonal Notes

During Advent and Christmas, give extra attention to the Joyful Mysteries, the Angelus, and hymns of the Incarnation.

During Lent, the Sorrowful Mysteries, the Litany, fasting, almsgiving, and the Jesus Prayer can help focus repentance on Christ's Passion.

During Easter, the Glorious Mysteries, baptismal remembrance, and the Daily Office keep the resurrection before the household.

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Weekly Intercessions

Sunday	The Church, pastors, preaching, the Sacrament, and all who gather for the Divine Service.
Monday	Vocation, labor, school, civil authorities, and the honest work of the household.
Tuesday	The sick, the suffering, the grieving, the tempted, and those preparing for death.
Wednesday	Catechesis, children, parents, godparents, teachers, and growth in the Word.
Thursday	Mission, evangelism, seminarians, church workers, and those who do not yet know Christ.
Friday	Repentance, enemies, persecuted Christians, and all who bear the cross.
Saturday	Preparation for the Lord's Day, quiet confession, and thanksgiving for the week.

Closing Prayer

Almighty and merciful God, receive these prayers for the sake of Jesus Christ. Strengthen pastors and people, comfort the afflicted, preserve the faithful, turn sinners to repentance, and bring us at last to the eternal Sabbath of Thy kingdom. Amen.